

Individual Health Plans (IHP's) for Students with Chronic Health Conditions

McLane Children's 2016 School Nurse Conference
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**IHP, EAP, IEP, 504,
NANDA, NIC, NOC**

**IHP'S:
How to Get Rid
of a School Nurse
in 24 Hours**

What is an IHP?

Individualized healthcare plans (IHP's) document the nursing process for students who have health-related issues. (Herrmann, 2005)

ASSESSMENT

DIAGNOSIS

GOALS/OUTCOMES

INTERVENTION

S

EVALUATION

IHP is not....

EAP

504

MD
Orders

IEP

HEALTH
LIST TO
TEACHER

ELECTRONIC
HEALTH
RECORD

EMAIL TO
TEACHER

Why an IHP?

IHP's Improve:

- Documentation
- Communication & Continuity
- Implementation
- Evaluation

Who needs an IHP?

- **Disability** . . . (Gibbons, Lehr, Selekman, 2013)
- **Chronic health conditions** (Zimmerman, 2013).
- **Special healthcare needs** (AAP, 2003).
- **Healthcare needs affect or have the potential to affect safe and optimal school attendance and optimal performance.”** (NASN, 2015).

Where is the IHP?

Medication	Other ID: 50309
Health Condition	Advisor: HARM
IHP	
Health Contact Info	
Childhood Illness	
▼ Vaccinations	
Vaccinations	

Office Visit		
Views:	General	⌵
	Year	Date
1	▶ 2016	06/01/

IHP Identification

- Student health forms-paper/online

1. My child has a life threatening allergy to food, insects, other /Mi hijo tiene una alergia severa a la comida, insectos, otro.

✓

No

Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaciones

Yes - Life-threatening-EPIPEN required/Si-Pone en riesgo la vida-Se requiere EPIPEN

Yes - Life-threatening-EPIPEN-student will self-carry/Si-Pone en riesgo la vida-Se requiere EPIPEN-estudiante va a cargar

	D	I
?	LIFE?	EXPLAIN FOOD
	Yes - Life-threatening-EPIPEN-student will self-carry/Si-Pone en riesgo la vida-Se requiere EP	peanut Allergy
	Yes - Life-threatening-EPIPEN required/Si-Pone en riesgo la vida-Se requiere EPIPEN	She is very alle
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaci	amoxicillin
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaci	She swells up i
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaciones	
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaci	penicillin, Sulfa
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaci	Ryan can't take
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaci	Pork
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaci	penicillin
	Yes - but NO EPIPEN-NO accommodation required/Si pero no requiere EPIPEN ni acomodaci	cherries / has a
	No	
	No	

IHP Identification

- Parent information
- SPED/ARD invitations
- Teacher/staff information
- Student information
- Observations –frequent flyers, etc.



IHP Priorities & EAP's

- Medically fragile-complex care-SPED /daily care-catherizations, g-feeds, trachs, etc.
- Diabetics-all Type I
- Life-threatening allergies-with and without Epipen-
- Seizures-with and without Diastat, VNS
- Asthma-with inhalers @ school or recent episode
- Cardiac conditions-on meds/activity restrictions
- Bleeding Disorders, etc.

EAP Authorizations

- Condition specific questions
- If you see this: Do this
- Med & other instruction spaces
- Signatures
- Med administration boxes for field trips

Belton ISD Health Services
Parental Authorization for Seizure Emergency Action Plan
 2015-2016 Campus:

Student Name: _____ Student PIC: _____
 Describe seizure(s) and/or signs: _____ DOB/SSO #: _____
 Age of seizure onset: _____ Grade(s)/Homeroom/Teacher: _____ Sex: _____
 Possible seizure triggers: _____
 Current meds to treat seizure: _____ Date and length of last seizure: _____
 Describe any special considerations or provisions (protective equipment) that should be taken during the school day: _____
 Under what conditions can a student stay at school after having a seizure? _____
 Seizure Emergency Medication needed at school after having a seizure? _____
 Vagus Nerve Stimulator (VNS)? Yes No (Describe instructions) _____
 Medication at school? Yes No (Describe instructions) _____
 Please print name, student emergency care at school, and address instructions as needed: _____
 If the student has a seizure or if you see any of the following:
 • Muscle twitching or tensing and abnormally contracting and relaxing
 • Inability to speak
 • Motorless stare or sudden stop of activity
 • Involuntary movement of eyes, head or other parts of the body
 • Falling down without a reason
 • Change in level of consciousness

Do This:

- Assure the student's safety and move objects away that may cause injury
- Administer emergency medications as directed and/or use the VNS (vagus nerve stimulator) if ordered.
- Monitor level of consciousness, and if at any time becomes unconscious, gently lower the student to the floor and place on their side
- Protect the student's head from injury- may use folded sheet in emergency med bag
- Document time the seizure started and its duration
- Do NOT hold the person down or try to restrict movements
- Do NOT force anything in the student's mouth
- Reassure student as consciousness returns
- Allow to student to rest
- Contact parent as soon as possible

Always call 911/ Mr. MERT if:

- Seizure last longer than 5 minutes
- If emergency medication is given
- If student has breathing difficulties
- If student has repeated seizures without regaining consciousness

Additional instructions: _____
 Physician authorization: _____ Physician Name: _____ Physician Signature: _____
 I grant permission to BELTON ISD to administer this medication to my child, I am giving permission to school staff to contact my physician for additional information if necessary. If the school nurse deems it necessary, I grant permission to notify my child's teacher(s) of his health condition. I understand that a medical emergency may occur during the school day.

Parent/Caregiver: _____ Physician Signature: _____
 Date: _____ Time: _____
 Signature: _____ Date: _____
 First Name: _____ Other phone: _____
 Last Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Contact: _____

EAP Templates

minize

Select IHP Template

School Year:

Status: Active Inactive

IHP Template:

Comment:

OK

- ✓ Allergy_EAP (Life threatening)
- Asthma_EAP
- Diabetes_EAP
- Diabetes_Daily Plan
- Seizure EAP
- EAP Template
- Daily Care Plan_EAP Template
- Allergy_IHP_Food-life-threatening
- Asthma IHP
- Cardiac_IHP
- Diabetes IHP
- Seizure IHP
- IHP Blank Template
- GI IHP
- Pregnancy_IHP

0 records displayed

Form Name:

Blank (*) denotes a required field

IHP Tools

IHP Templates

- Resource Books- samples to help you create using word processing or their CD
- Electronic Health Records-Some programs allow for template creation that include student data, pics, parent info, nurse name, etc.

Skyward IHP Templates

The screenshot shows the top portion of the Belton ISD website. At the top left is a home icon and the text "District Home". Next to it is a dropdown menu labeled "Select a School...". To the right is another dropdown menu labeled "Translate this page...". On the far right of the top bar are "Sign In" and "Register" links with a key icon.

Below the top bar is a red navigation bar. On the left are icons for a home and a calendar showing "23". In the center is the Belton ISD logo, which features an apple and the text "Belton ISD Every Kid a Winner™". On the right are social media icons for Facebook and Twitter.

Below the red bar is a white navigation menu with the following items: "About BISD", "Board of Trustees", "Campuses", "Departments", "Students & Families", "Employment", "Community", and "Staff".

Below the navigation menu is a dark red banner with four white boxes. From left to right, the boxes contain: "SKYWARD® Time Off" with the URL "www.skyward.com" above it; "eduphoria!"; "SKYWARD® Student Records" with the URL "www.skyward.com" above it; and "Staff E-mail" with an envelope icon above it.

At the bottom of the banner, there are two sections: "Latest Announcements" and "Resources", each with a magnifying glass icon.

IHP = Nursing Process

1. Assessment
2. Diagnosis
3. Outcomes Identification/Goals
4. Interventions
5. Evaluation

Assessment

- Health history
- Current health status/management
- Self-care skills/needs
- Psychosocial status
- Health issues related to learning

Assessment

- Health Hx: Age @ diagnosis
- Current: What current meds or treatments are being used and are they helping?
- Self-care skills/needs: Is the student able to anticipate signs & symptoms?
- Psychosocial status: Have migraines caused disruption of school activities?
- Health issues related to learning: What accommodations can we do at school to help?

Assessment Methods

Parent letters/packets

- Authorizations-with condition specific questions
- Releases to communicate with PCP

Assessment Methods

Interviews

Review of Records-SPED

Schedule/ teacher assignments

Observations- physical assessment

Diagnosis- NANDA

North American Nursing Diagnosis (NANDA) Examples:

- Risk for injury related to deficiency in clotting factor
- Activity intolerance related to decrease cardiac output
- Risk for infection related to chronic condition

Goals/Outcomes

Nursing Outcomes Classification (NOC)

- Student will be able to perform activities of daily living within his/her physical limits without excessive fatigue
- Student will have no signs & symptoms of infection
- Student recognizes onset of asthma

Interventions-NIC

Nursing Interventions Classification

- Develop emergency action plan (EAP) for administration of prescribed seizure emergency medication
- Provide training on the application of the VNS magnet to assigned caregivers

Evaluation

- Evaluate at least annually
- Modify plan when significant changes occur -making additions or deletions

EXPECTED OUTCOMES

Input indicators that will be used to evaluate the student's status in relation to the desired outcomes. Use rating scale to indicate student's current status and provide comments in Evaluation.

Medication Administration Outcome rating: Met
Partially met
Not met

Student will comply with medically prescribed _____ by: _____

Pain Management Outcome rating: Met
Partially met
Not met

Student will demonstrate actions to control pain as evidenced by: _____

Student will have pain level management as evidenced by: _____

Elimination Management Outcome rating: Met
Partially met
Not met

Student will use proper techniques in self-care toileting as evidenced by: _____

Student will master bowel elimination program

Student will toilet independently.

Emergency Action Plan's (EAP's)

- Written in “lay” language
- Directions for specific potential medical emergency
- Share with all appropriate staff
- Lists caregivers & equipment/meds needed/location
- Include specifics for transportation or field trips

Individualized Education Program (IEP's)

- Students eligible to receive special academic and related services
- Federal and state laws mandate them
- Requires parent participation/due process
- An IHP can be incorporated into or added to the IEP
- Not all students with IEP's need IHP's

Section 504 Plans

- Federal and state laws mandate accommodations in instruction or environment due to documented medical condition/disability
- Can attach the IHP, EAP to the 504 plan or use them to help write that section that includes the nursing services/accommodations provided
- Schools should have a process for referral

Legal: Sharing the Plan

- Share the plan- not a list
- Paper or electronic?
- Email or in person?

Legal Considerations: Training

- Nurses vs unlicensed assistive personnel
- District vs private-duty nurses
- In person vs in writing

Legal Considerations: Documentation

Health condition & office visit notes can include:

- Assessment: physical data/current treatment/relevant history
- Diagnosis: the “problem”
- Interventions: education, staff training, EAP
- Response to interventions- evaluation

IHP Success Story

If you write the Plan ...



...The Pee Will Stop!

IHP Resources

Skyward IHP templates retrieved from <http://www.bisd.net/Domain/44>

Tab: IHP Resources

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