

How to Administer DIASTAT® AcuDial™

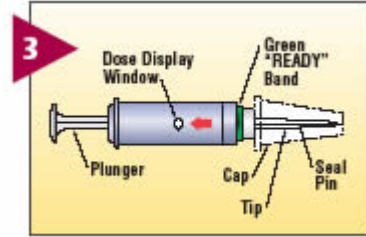
My healthcare professional and I have discussed a Seizure Preparedness Plan, and completed this treatment plan together. In case of a breakthrough seizure, please follow these important instructions.



1 Put person on their side where they can't fall.



2 Get medicine.



3 Get syringe.

Note: Seal Pin is attached to the cap.



4 Push up with thumb and pull to remove cap from syringe.

Be sure Seal Pin is removed with the cap.



5 Lubricate rectal tip with lubricating jelly.



6 Turn person on side facing you.



7 Bend upper leg forward to expose rectum.



8 Separate buttocks to expose rectum.



9 Gently insert syringe tip into rectum.

Note: Rim should be snug against rectal opening.

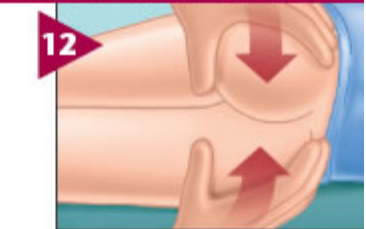
SLOWLY... COUNT OUT LOUD TO THREE...1...2...3



10 Slowly count to 3 while gently pushing plunger in until it stops.



11 Slowly count to 3 before removing syringe from rectum.



12 Slowly count to 3 while holding buttocks together to prevent leakage.



Keep person on side facing you, note time given and continue to observe.

DISPOSAL INSTRUCTIONS FOR DIASTAT ACUDIAL

14a

- Pull on plunger until it is completely removed from the syringe body.
- Point tip over sink or toilet.

- Replace plunger into syringe body, gently pushing plunger until it stops.
- Flush toilet or rinse sink with water until gel is no longer visible.

14b

DISPOSAL FOR DIASTAT 2.5 MG

At the completion of step 13:

- Discard all used materials in the garbage can.
- Do not reuse.
- Discard in a safe place away from children.

This step is for Diastat® AcuDial™ users only

At the completion of step 14a:

- Discard all used materials in the garbage can.
- Do not reuse.
- Discard in a safe place away from children.

Diastat[®]AcuDial[™] (diazepam rectal gel)

Call for Help if any of the Following Occur

Seizure(s) continues 15 minutes after giving DIASTAT or per the doctor's instructions:

- _____
- Seizure behavior is different from other episodes
- You are alarmed by the frequency or severity of the seizure(s)
- You are alarmed by the color or breathing of the person
- The person is having unusual or serious problems

Local emergency number:

Doctor's number:

_____ (Please be sure to note if your area has 911)

Information for emergency squad: Time DIASTAT given: _____ Dose: _____

DIASTAT® AcuDial™ (diazepam rectal gel) Treatment: Order and Emergency Seizure Plan

(To be completed by the physician)

Student name _____

Treatment order date _____

Age _____ Weight _____

Treatment:

- DIASTAT® (diazepam rectal gel) _____ mg rectally prn for: seizure > _____ minutes OR for _____ or more seizures in _____ hours
 - Use VNS (vagal nerve stimulator) magnet _____
 - Other _____
-
- Call 911 if
 - Seizure does not stop by itself or with VNS within _____ minutes
 - Seizure does not stop within _____ minutes of giving DIASTAT
 - Child does not start waking up within _____ minutes after seizure is over (no DIASTAT given)
 - Child does not start waking up within _____ minutes after seizure is over (after DIASTAT given)

Following a seizure:

Child should rest in nurse's office

Child may return to class

Parents/caregiver should be notified immediately

Parents/caregiver should receive a note/copy of the seizure record sent home with the child

Physician/Nurse Practitioner/Physician's Assistant Name (Printed) _____

Signature _____ Date _____

License # _____ State _____

Address _____

Phone _____

Developed in collaboration with Christine O'Dell, RN, MSN, and Shlomo Shinnar, MD, PhD, of the Comprehensive Epilepsy Management Center, Montefiore Medical Center, Bronx, New York.