

## HOW TO DELIVER A BOLUS





1. + Tap the Bolus button on the Home screen

2. + Enter grams of carbs (if eating) Tap "ENTER BG"

3 + Tar

BG Meter

BG manually

CALCULATOR' \*From CONTOUR®NEXT ONE

+ Tap "ADD TO

🔰 100% 🖙 12:13 PM	50+U	🖇 66% 📫 10:53 AF
Enter BG 🌲	← Bolus	<b>.</b>
	Enter Carbs	Meal Bolus
	30 9	2.
$\left( \begin{array}{c} 0 \end{array} \right)$	FOOD LIBRARY	
mg/dL	BG (10:53 am)	Correction Bolus
0	185 mg/dL	1.70.
Enter a BG value	ENTER BG	
SYNC BG METER	Total Bolus	2.70
	CALCULATIONS	3.70
		Adjusted for IOB of 0 U
ADD TO CALCULATOR	CANCEL EXTER	ID BOLUS CONFIRM
Tan "SYNC BG	4 🛨 Tap "(	CONFIRM"
	ч. і lap (	
MEIER <sup>*</sup> , or enter	once	you have

once you have reviewed your entered values



BG (10:53 am)

to begin bolus delivery

30 g

185 mg/s



### Reminder

The Home screen displays a progress bar and details while you are delivering an immediate bolus. You cannot use your PDM during an immediate bolus.

### HOW TO SET A TEMP BASAL



1. + Tap Menu icon on the Home screen



🛈 50+U	\$ 100% 📼	12:14 PM	50+U	*	100% 🚥 12:15
	Set Temp Basal		← Co	nfirm Tem	p Basal
	G	iraph: U/hr			Graph: U
Now 1	1	1	1 11am 12:1	0.7 5pm 1:4	1 5pm 3:3
Basa (up to	al Rate 3 U/hr)	%	Change Bas	al By How Muc	ch Duration
Dura (30 mi	ns to 12 hrs)	hrs	< Decrea:	se ◆ 30 %	1.5 hrs
CANCE	a.	CONFIRM	CANCEL		ACTIV
3. + 1	lap Basal Rate er	ntry box	4. + Tap	"ACTIVA	TE" once

and select your % change + Tap Duration entry box and select your time duration Or tap "SELECT FROM PRESETS" (if you have saved Presets)

# rm Temp Basal 3:30pr al By How Much Duration **₽** 30 % 1.5 hrs ACTIVATE

you have reviewed your entered values Temp Basal is

Did you know?

- highlighted in green if there is an active temp basal rate running
- You can swipe to the right on any green confirmation message to dismiss it sooner



# SUSPEND AND RESUME INSULIN DELIVERY

end Insulir

duration of insulin

suspension + Tap "SUSPEND

INSULIN" + Tap "Yes" to confirm you want to stop insulin delivery

) 50+U	¥ 10	0% 12:18 PM
Dashboard	Basal	Pod Info
(	3.65 U	)
LAST BOLUS	٠	AST BG
1.3u	18	35 mg/dL
Today (11:09 am)	Toda	(11:04 am)

1. + Tap Menu icon on the Home screen

omoiood	← Suspend Insulin
	How long would you suspend insulin deliv
Set Temp Basal	While insulin delivery is suspend basal insulin will be stopped, and cannot be administered.
Pod	0.5
Enter BG	Suspend Insulin 1
Suspend Insulin	SUSPEND INSULIN
SE PROGRAMS & PRESETS	
Basal Programs	
Temp Recol Decesto	CANCEL

3. +

2. + Tap "Suspend Insulin"

C

H

۲

۵

0

MANA



4. + The Home screen displays a yellow banner stating insulin is suspended



Tap "RESUME 5. INSULIN" to start insulin delivery

### Reminder

- You MUST resume insulin, insulin does not automatically resume at end of suspension period
- The Pod beeps every 15 minutes throughout the suspension period to remind you that insulin is not being delivered
- Your temp basal rates or extended boluses are canceled when insulin delivery suspends



## HOW TO CHANGE A POD



+ Tap "VIEW POD

DETAILS'



- + Carefully follow the on-screen directions
- + Pod will be deactivated





For more detailed instructions refer to the Omnipod DASH<sup>™</sup> Insulin Management System User Guide

#### Don't forget!

- Keep the Pod in plastic tray during fill and prime
- Place the Pod and PDM next to each other and touching during priming
- A Check BG reminder alerts you to check your blood glucose level and infusion site 90 minutes after Pod activation

# HOW TO VIEW INSULIN AND BG HISTORY



1. + Tap Menu icon on the Home screen



expand list + Tap "Insulin & BG History"



 Tap the day drop-down arrow to view 1 day or multiple days

- 3040	* 94	% 🚥 10:3	21 AP
← Hist	tory <u>1</u>	Day 🕶	
<	Today, July 02		>
BG mg/dL	Bolus U	Carbs g	
10:18 am 📥	Basal Program r "Weekday"	esumed:	
10:18 am 🖸	Insulin Delivery	Resumed	8
10:18 am Date	change: From Jul	y 3 to Jul	12
1:35 pm	5		6
1:25 pm 🕘	Basal Program r "Weekday"	esumed:	~
1:25 pm 🏥	Temp Basal can "Exercise"	celed:	

details section + Tap the down arrow to display more details

### History at your fingertips!

BG info:

- Average BG
- BG in Range
- BGs Above and Below range
- Average Readings per day
- Total BGs (in that day or date range)
- Highest and Lowest BG

#### Insulin info:

- Total Insulin
- Avg Total Insulin (for date range)
- Basal Insulin
- Bolus Insulin
- Total Carbs
- PDM or Pod events:
  - Extended Bolus
  - Activation/reactivation of a Basal program
  - Start/end/cancellation of a Temp Basal
- Pod activation and deactivation

This Podder<sup>™</sup> Quick Glance Guide is intended to be used in conjunction with your Diabetes Management Plan, input from your healthcare provider, and the Omnipod DASH<sup>™</sup> Insulin Management System User Guide. Personal Diabetes Manager imagery is for illustrative purposes only and should not be considered suggestions for user settings. Refer to the Omnipod DASH<sup>™</sup> Insulin Management System User Guide for complete information on how to use the Omnipod DASH<sup>™</sup> System, and for all related warnings and cautions. The Omnipod DASH<sup>™</sup> Insulin Management System User Guide is available online at myomnipod.com or by calling Customer Care (24 hours/7 days), at 800-591-3455. This Podder<sup>™</sup> Quick Glance Guide is for Personal Diabetes Manager model PDM-USA1-D001-MG-USA1. The Personal Diabetes Manager model number is written on the back cover of each Personal Diabetes Manager.

© 2018 Insulet Corporation. Omnipod, the Omnipod logo, DASH, the DASH logo and Podder are trademarks or registered trademarks of Insulet Corporation. All rights reserved. The Bluetooth® word mark and logos are registered trademarks owned by the Bluetooth SIG, Inc. and any use of such marks by Insulet Corporation is under license. Ascensia, the Ascensia Diabetes Care logo, and Contour are trademarks and/or registered trademarks of Ascensia Diabetes Care Holdings AG. 41134-USA-ENG AW Rev A 09/18