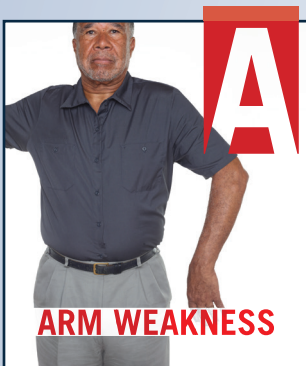


# SPOT A STROKE F.A.S.T.

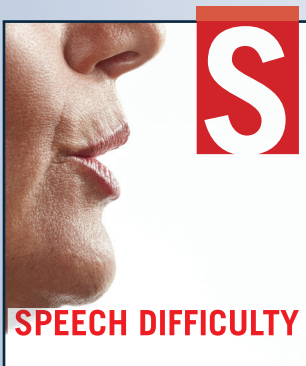
F.A.S.T. is an easy way to remember the sudden signs of a stroke.



**Face Drooping**  
Does one side of the face droop or is it numb? Ask the person to smile.



**Arm Weakness**  
Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



**Speech Difficulty**  
Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?



**Time to call 9-1-1**  
If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately.

## Beyond F.A.S.T. – Other Symptoms you should know

- Sudden numbness or weakness of the leg
- Sudden confusion or trouble understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause



**Together to End Stroke™**

[StrokeAssociation.org/warningsigns](https://www.StrokeAssociation.org/warningsigns)