





Not everyone gets all the symptoms. Don't wait for a rash. If you see one that doesn't fade when pressed with a tumbler get medical help fast.



Our Freefone\* helpline is available 365 days a year **080 8800 3344** (UK) **1800 41 33 44** (Ireland)

Email helpline@meningitis.org
Website www.meningitis.org
iPhone app www.meningitis.org/iPhone



