

RESOURCES

Lunchroom

Playground Assistants

Follow district policies and procedures regarding students with life-threatening allergies.

Receive training from the school nurse on life-threatening allergy awareness and, if applicable, student specific IHP/ECP training for the implementation of student specific ECP/IHP:

Maintain confidential access to ECP/IHP for reference if needed.

Take all complaints seriously and respond appropriately (follow the IHP/ECP as indicated per training by the school nurse).

Assist lunchroom staff in the identification of students who have special diets provided by nutrition services.

Do not interpret food labels or advise children on allergen content.

Maintain properly functioning emergency communication equipment and understand use of such equipment.

American Academy of Allergy, Asthma and Immunology <http://www.aaaai.org>

Asthma Allergy Foundation of America <http://aafa.org>

Food Allergy and Anaphylaxis Network <http://www.foodallergy.org>

World Allergy Organization <http://www.worldallergy.org>

Guidelines for the Care of Students with Anaphylaxis (draft, 2009)
<http://www.k12.wa.us/HealthServices/resources.aspx>

Guidelines for the Care of Students with Life-threatening Allergies (2008)
<http://www.k12.wa.us/HealthServices/resources.aspx>



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Anaphylaxis Education:

Awareness, Avoidance, Recognition, and Response

KNOW YOUR ROLE AND RESPONSIBILITIES AS A SCHOOL EMPLOYEE

Classroom Teachers

Specialists

Para-Professionals

Coaches

After-School Staff

Identify students with life-threatening allergies and understand symptoms and emergency care plans for the students.

Have an accessible, but confidentially placed, copy of the ECP and emergency medications.

Have a communication plan to contact EMS, the school nurse, and the office.

Receive training from the school nurse to implement the ECP including:

- ✓ Allergens causing life-threatening anaphylactic reactions.
- ✓ Prevention.
- ✓ Recognition of student symptoms indicating an anaphylactic reaction.
- ✓ Management of emergency anaphylactic reactions by implementing the student specific ECP which may include the administration of epinephrine and contacting 911.

Never send a student who is feeling ill and has had a known allergen exposure to the

school office or health room alone. If necessary, request assistance from staff outside the classroom.

Note: It is **not** appropriate to send another student to the office with the student experiencing symptoms of a life-threatening allergic reaction.

Ensure student confidentiality and privacy as appropriate per law.

Require all staff, substitutes, and volunteers working with the student to be familiar with the student's allergies and ECP.

Coordinate with the school nurse and obtain parent and student permission to provide age appropriate classroom instruction about life-threatening allergies.

Educate all classroom students about anti-bullying policies and monitor students appropriately.

Coordinate with school nurse and school administrator to (and when appropriate) obtain written permission from the parent of the student with life threatening allergies to educate the parents of all students about life-threatening allergies and provide information to maintain an allergen-safe classroom.

Inform parents of any school events and activities where food will be served other than during regularly established meal/snack times or when other allergens may be present.

Do not offer foods or other allergens to students without parental approval.

Do not interpret food and product labels.

Permit parents to substitute safe alternatives.

Avoid, when possible, using foods or other allergens for activities such as arts and crafts, projects, science, counting, holidays, and other celebrations.

Ensure trained staff are always present during any activity using any media that may contain allergens.

Encourage non-allergen and non-food activities, rewards, and treats.

Participate in planning for the student's re-entry to school after an anaphylactic reaction.

