



School Nurse Asthma Care Checklist

CHECK WHEN COMPLETE	INDIVIDUAL STUDENT WITH CURRENT DIAGNOSIS OF ASTHMA Actions to Complete
Assessment	<ul style="list-style-type: none"> Review intake/registration form to identify students with asthma. Contact caregiver for further information, student history, triggers, caregiver concerns, health release form, and PCP/ACS contact information. Assess financial needs, and language or culture beliefs. Contact PCP/ACS to validate medical diagnoses and obtain list of current medications, treatments, etc. Assess student's knowledge, ability to self-manage, with consideration of language and developmental needs. Collect baseline student data; ie., last PCP/ACS visit; exacerbations; hospital/ED visits, vital signs, inhaler use, attendance. Assess if specific triggers are present in the school for students with a known current diagnosis.
Diagnosis	<ul style="list-style-type: none"> Establish nursing diagnoses based on assessment data.
Outcomes	<ul style="list-style-type: none"> Identify appropriate short, intermediate and long term goals and outcomes with student, caregiver, and PCP/ACS. Outcomes should be measurable and include an expected time frame. Can include academic, psychosocial, quality of life, health.
Planning	<ul style="list-style-type: none"> Verify that each student has a current (within 12 months) Asthma Action Plan (AAPlan) to manage episodic exacerbations. In addition to AAPlan, develop, if needed, an evidence-based individualized healthcare plan (IHP) in coordination with student, family, and need-to-know school staff. The IHP should promote continuity, be culturally sensitive, and include a strategy for evaluation. Develop a plan for emergencies/disasters, field trips and when the school nurse is not available. Participate in the IEP or 504 process if accommodations are needed (see IEP and 504 guidelines).
Implementation	<ul style="list-style-type: none"> Complete actions as outlined in AAPlan and individual healthcare plan, to include: Episodic care, coordination of care, health teaching, health promotion, consultation, communication, and documentation. Ensure materials provided to teachers and other staff is written appropriately for the audience.
Evaluation	<ul style="list-style-type: none"> Regularly evaluate to determine if nursing goals and student outcomes are being met. Periodically evaluate the plan, including what is going well, barriers, concerns, and what would student/caregiver/staff like changed. Evaluation of school support staff for additional educational needs. Address emotional, cultural, developmental and language needs are addressed. Evaluate student adherence to the plan at each episodic visit to the school nurse. Revise plan and implementation of care accordingly in response to evaluation results to improve outcomes. At least once a year, review overall impact of plan and any changes needed in collaboration with the student.



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CHECK WHEN COMPLETE	UNDIAGNOSED STUDENT Actions to Complete
Assessment	<ul style="list-style-type: none"> • Outreach to identify students with undiagnosed asthma by reviewing reasons for absenteeism, students not participating in PE and training teachers/student with persistent respiratory issues. • Contact caregiver as needed.

CHECK WHEN COMPLETE	ASTHMA-FRIENDLY SCHOOL Actions to Complete
Assessment	<ul style="list-style-type: none"> • Assess school environment to determine level of asthma friendly (including staff understanding, policies in place, medication storage locations, etc.).
Diagnosis	<ul style="list-style-type: none"> • Identify areas that need improvement (policies, attitudes, processes).
Outcomes	<ul style="list-style-type: none"> • Identify appropriate goal and outcome to address school-level need.
Planning	<ul style="list-style-type: none"> • Develop a plan to confirm that the entire school is asthma friendly, including school wide health promotion policy.
Implementation	<ul style="list-style-type: none"> • Advocate and verify that appropriate policies are in place and implemented (such as asthma action plans, carrying inhalers, smoke-free environment, poor air quality/indoor recess, animals in the classroom, idling buses/cars, cleaning products used, integrated pest management, pesticide application, and fragrances used in schools).
Evaluation	<ul style="list-style-type: none"> • Evaluate the adherence of asthma friendly policies throughout the school campus and if goals contained in the plan are met.

Learn more about NASN's School Nurse Evidence-Based Clinical Guidelines: Asthma

<http://www.nasn.org/asthmaguidelines>

National Association of School Nurses
 1100 Wayne Avenue Suite 925
 Silver Spring, MD 20910
 1.866.627.6767
www.nasn.org