



School Nurse Asthma Care Checklist

CHECK WHEN COMPLETE	INDIVIDUAL STUDENT WITH CURRENT DIAGNOSIS OF ASTHMA Actions to Complete
Assessment	<ul style="list-style-type: none"> • Review intake/registration form to identify students with asthma. • Contact caregiver for further information, student history, triggers, caregiver concerns, health release form, and PCP/ACS contact information. • Assess financial needs, and language or culture beliefs. • Contact PCP/ACS to validate medical diagnoses and obtain list of current medications, treatments, etc. • Assess student's knowledge, ability to self-manage, with consideration of language and developmental needs. • Collect baseline student data; ie., last PCP/ACS visit; exacerbations; hospital/ED visits, vital signs, inhaler use, attendance. • Assess if specific triggers are present in the school for students with a known current diagnosis.
Diagnosis	<ul style="list-style-type: none"> • Establish nursing diagnoses based on assessment data.
Outcomes	<ul style="list-style-type: none"> • Identify appropriate short, intermediate and long term goals and outcomes with student, caregiver, and PCP/ACS. • Outcomes should be measurable and include an expected time frame. Can include academic, psychosocial, quality of life, health.
Planning	<ul style="list-style-type: none"> • Verify that each student has a current (within 12 months) Asthma Action Plan (AAPlan) to manage episodic exacerbations. • In addition to AAPlan, develop, if needed, an evidence-based individualized healthcare plan (IHP) in coordination with student, family, and need-to-know school staff. The IHP should promote continuity, be culturally sensitive, and include a strategy for evaluation. • Develop a plan for emergencies/disasters, field trips and when the school nurse is not available. • Participate in the IEP or 504 process if accommodations are needed (see IEP and 504 guidelines).
Implementation	<ul style="list-style-type: none"> • Complete actions as outlined in AAPlan and individual healthcare plan, to include: Episodic care, coordination of care, health teaching, health promotion, consultation, communication, and documentation. • Ensure materials provided to teachers and other staff is written appropriately for the audience.
Evaluation	<ul style="list-style-type: none"> • Regularly evaluate to determine if nursing goals and student outcomes are being met. • Periodically evaluate the plan, including what is going well, barriers, concerns, and what would student/caregiver/staff like changed. • Evaluation of school support staff for additional educational needs. • Address emotional, cultural, developmental and language needs are addressed. • Evaluate student adherence to the plan at each episodic visit to the school nurse. • Revise plan and implementation of care accordingly in response to evaluation results to improve outcomes. • At least once a year, review overall impact of plan and any changes needed in collaboration with the student.



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CHECK WHEN COMPLETE	UNDIAGNOSED STUDENT Actions to Complete
Assessment	<ul style="list-style-type: none"> • Outreach to identify students with undiagnosed asthma by reviewing reasons for absenteeism, students not participating in PE and training teachers/student with persistent respiratory issues. • Contact caregiver as needed.

CHECK WHEN COMPLETE	ASTHMA-FRIENDLY SCHOOL Actions to Complete
Assessment	<ul style="list-style-type: none"> • Assess school environment to determine level of asthma friendly (including staff understanding, policies in place, medication storage locations, etc.).
Diagnosis	<ul style="list-style-type: none"> • Identify areas that need improvement (policies, attitudes, processes).
Outcomes	<ul style="list-style-type: none"> • Identify appropriate goal and outcome to address school-level need.
Planning	<ul style="list-style-type: none"> • Develop a plan to confirm that the entire school is asthma friendly, including school wide health promotion policy.
Implementation	<ul style="list-style-type: none"> • Advocate and verify that appropriate policies are in place and implemented (such as asthma action plans, carrying inhalers, smoke-free environment, poor air quality/indoor recess, animals in the classroom, idling buses/cars, cleaning products used, integrated pest management, pesticide application, and fragrances used in schools).
Evaluation	<ul style="list-style-type: none"> • Evaluate the adherence of asthma friendly policies throughout the school campus and if goals contained in the plan are met.

Learn more about NASN's School Nurse Evidence-Based Clinical Guidelines: Asthma

<http://www.nasn.org/asthmaguidelines>

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